



## Share Your Voice

We invite young Asian and Pacific Islander women to learn about the power of personal expression while providing a platform for conference participants to find strength in their shared personal experiences.

*Share on Facebook:*

[www.facebook.com/  
SisterToSisterLeadershipConference](http://www.facebook.com/SisterToSisterLeadershipConference)

#SisterToSister  
#AARS

Asian American Recovery Services, a program of HealthRIGHT 360, is decreasing the incidence and impact of substance misuse in the Asian and Pacific Islander communities of the San Francisco Bay Area. Because there are multiple causes and effects of substance misuse, AARS also engages in ancillary activities to meet this goal.



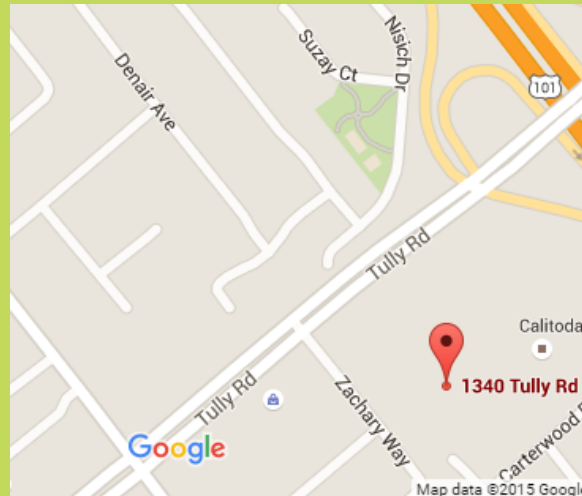
**ASIAN AMERICAN  
RECOVERY SERVICES**  
A PROGRAM OF HEALTHRIGHT 360



**ASIAN AMERICAN  
RECOVERY SERVICES**  
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[WWW.HEALTHRIGHT360.ORG](http://WWW.HEALTHRIGHT360.ORG)

P: 408-271-3900  
F: 408-271-3909



**1340 Tully Road  
San Jose, CA 94122**

**GET BETTER. DO BETTER. BE BETTER.**

## 22nd Annual SISTER-to-SISTER Leadership Conference

Thursday, April 13, 2017  
8:30 AM - 4:00 PM

San Jose School of Arts & Culture  
1700 Alum Rock Avenue, San Jose, CA



*Building Confidence*

*Sparking Inspiration*

*Celebrating Asian & Pacific Islander Culture*

**GET BETTER. DO BETTER. BE BETTER.**

## Would you like to donate?

Every \$100 gift sponsors one young woman's full-day experience

Learn more about how you can help:  
[www.razoo.com/story/Sister-to-Sister](http://www.razoo.com/story/Sister-to-Sister)  
Or call 408-271-3900

*"Thank you for showing me there are others that have experienced the same struggles I am going through, and I am not alone. I now know that I have a voice and that I am, in fact, important!"*

– Jessica



Keynote Speaker:

**Dr. Hazel Benigno**

UCSF Youth & Family  
Trauma Psychologist

### The 22nd Annual SISTER-to-SISTER Leadership Conference

*focusing on the issues that affect  
today's young women:*

Self & Body Image  
Anti-Bullying  
Relationships  
Cultural Identity  
Sexual Health  
Alcohol, Tobacco & Other Drugs

*There is no charge to the young women  
who participate in conference*

[WWW.HEALTHRIGHT360.ORG](http://WWW.HEALTHRIGHT360.ORG)

## Registration

If you are age 11-18 and would like to attend the conference, please complete this form:

Name Age

Parent/Guardian's Name

Address

City Zip

Phone

Email

T-Shirt Size (circle one):  
S      M      L      XL      XXL

School Grade

Ethnicity (optional)

We must receive your registration form by:  
**March 30th, 2017**

Please detach and give to AARS staff or mail/fax to:  
Asian American Recovery Services  
1340 Tully Road, Suite 304  
San Jose, CA 94122  
Fax: 408-271-3909



**ASIAN AMERICAN  
RECOVERY SERVICES**

A PROGRAM OF HEALTHRIGHT 360

**GET BETTER. DO BETTER. BE BETTER.**

**SISTER  
TO  
SISTER**  
*Brave*

*"I am amazed that despite the stories of pain and struggles, that so many women can overcome and find happiness. Their stories give me strength to express myself and believe in who I am." – Lan*